



Milestones & Memories

Journey 1990 - 2020



Estd. 1970

FOREWORD

Though it is unclear when precisely secretaries first came to be, evidence shows the presence of secretaries dating back to ancient Egyptian scribes, comprised of men entrusted with private and confidential matters – thus the word secretary, from the Latin word secretum, meaning "secret."

Extracts from Wikipedia on the origins of the profession and Administrative Professionals Week: *In 1870, Sir Isaac Pitman founded a school where students could qualify as shorthand writers to "professional and commercial men". Originally, this school was only for male students. In the 1880s, with the invention of the typewriter, more women began to enter the field and during the upcoming years, especially since World War I, the role of secretary has been primarily associated with women. By the 1930s, fewer men were entering the field of Secretaries.*

In 1952, Mary Barrett, president of the National Secretaries Association, C. King Woodbridge, president of Dictaphone Corporation, and American businessman Harry F. Klemfuss created a special Secretary's Day holiday, to recognize the hard work of the staff in the office. The holiday caught on, and during the fourth week of April is now celebrated in offices all over the world. It has been renamed "Administrative Professional's Week".

The function of the Secretary was mostly to assist one or more primarily with correspondence, organize meet-ings, attending telephone calls, handling visitors, and other administrative tasks. With advancement in tech-nology, responsibilities of the Administrative Professional have evolved. Today they are also helping to manage the executive's calendars, budgets, travel arrangements, expense reporting, attend high level meetings, pre-pare documents/minutes for/of these meetings, etc. and is seen as an extension of the management team.

Over time the designation too has evolved, and some are now known as Personal Assistant, Administrative Assistants, Executive Assistants, Office Co-ordinators, Office Managers, Business Partners.

The National Institute of Personal Secretaries (NIPS); later re-christened as Indian Association of Secretaries & Administrative Professionals (IASAP) was founded in the year 1970 in Mumbai, by the late Mrs. Homai Mehta. The prime objective of IASAP is to provide knowledge, opportunities and resources to members in their quest for excellence in discharging their responsibilities effectively and efficiently. Chapters were set up across India and our Bengaluru Chapter was formally launched as the 5th Chapter of NIPS in 1990 when the 1st AGM was held.

This e-book is a capsule of Milestones and Memories over these 30 glorious years, filled with nostalgia and wishes from our Past Chairpersons, Chapter Chairpersons, Member contributions and about our virtual summit WOW30 : LOOKING AHEAD. We do hope you enjoy reading it and in doing so recall those momentous occasions.

As we continue to Grow, Evolve, Achieve.... We need to THANK all who partnered and supported us on this evolutionary journey.

Compiled by Beverly Albuquerque



Message from Current CP Meryl

It is indeed a pleasure and my privilege to be addressing all of you on this occasion of our 30th anniversary. While I joined the bandwagon only about a decade ago, it has been an enriching journey all through. Having been a regional winner at the APC contest in 2011 and thereafter attended many national and international conventions, I have had the opportunity of meeting some really fine people and the enthusiasm and zeal of some of our senior members still holds me in awe !!

IASAP has been a great learning platform for me and has broadened my horizons in many ways. While some of my personal pre-occupations kept me busy for a bit, I have still managed to remain in touch on and off, bringing me now to the position of Chairperson.

While many would think that the profession of an EA is dying a natural death, I would like to believe that the role is just shedding its skin thereby bringing on a new avatar. Today, with the new normal, we are poised with further amendments in our role, which is now making big demands on our management and interpersonal skills. However, like they say nothing is permanent and it only goes to prove that change is constant!!

IASAP Bengaluru Chapter, as I have seen it, has always been a vibrant group setting standards and benchmarks way above expectations and outdoing themselves in their goals. I wish for many more successful years and hope to see the Chapter grow from strength to strength always surpassing targets and settling for nothing but the BEST !! it has no doubt been a lot of hard work and dedication from Chairpersons and Committees of the past and if you have been a part of this journey, then ladies you need to take a bow Congratulations and all the very best for many more wonderful years of - Long live IASAP Bengaluru ...

Meryl Dcouto
Chairperson
IASAP – Bengaluru Chapter



CONGRATULATIONS!!

I take this opportunity to wish Bengaluru Chapter a very happy Pearl Anniversary. Jubilees are a wonderful way of regrouping the relationship between the members of the Chapter. I pray this milestone reminds us of the special partnerships that we have formed due to our common association in IASAP. As the Chapter completes 30 wonderful years, let us all take a moment to reflect on how this association has shaped us individually and collectively.

As an onlooker from Head Quarters, I have found Bengaluru Chapter at the forefront of all activities organized at the National and International level. Be it the AP Contest, the cultural programs or hosting sessions, every event is well patronized by the members. The zeal and commitment of the Managing Committee members is also commendable. They have performed their responsibilities passionately and introduced many new and innovative programs to increase member participation. Also noteworthy is the fact that the members have responded with equal fervor and gusto. Kudos to all of you. I hope and pray that we can all take forward the legacy of our founding members. We should remember our President Emeritus, Late Homai Mehta in a special way on this occasion. She was very appreciative of the initiatives taken by Bengaluru Chapter and always called it the "IT Capital" of India.

I will like to end by quoting late APJ Abdul Kalam ""Within the mind are all the resources required for successful living. Ideas are present in the consciousness, which when released and given scope to grow and take shape, can lead to successful events."

Cheers and look forward to the celebrations

Edna Martis
President – All India, IASAP





30 years of Excellence!

Greetings dear members of the Bengaluru Chapter of IASAP

I am happy and overwhelmed to congratulate the vibrant and enthusiastic Chairperson of the Bengaluru Chapter, Meryl Dcouto and her dedicated Managing Committee on the occasion of the Pearl Anniversary.

While we look back at the 30-year journey, let us remember and thank all the Past Chairpersons and their Managing Committees who have untiringly worked for the betterment and progress of the Chapter.

Bengaluru Chapter has many wonderful achievements and beautiful memories of yesteryears and has been a formidable force in IT initiatives.

It is indeed heartening that the Chapter celebrates its Pearl Anniversary in the same year as IASAP Headquarters celebrates Golden Jubilee.

It has been a great loss for us to lose our dear Founder Homai Mehta, whom we will always miss as our guiding star. Remembering Homai, IASAP was her brainchild and a vital part of her life and work, and all of you are doing well in taking the dream forward.

Wishing all members of Bengaluru Chapter, every success as together you take your Association to new heights of excellence.

Warm regards,

Vimala Dsouza
Immediate Past President All-India
Mumbai Headquarters



Dear Meryl & the entire team of Bengaluru Chapter,

On behalf of my Managing Committee & members of the Pune Chapter I, am pleased to extend my warmest greetings to you & your team for marking the 30th anniversary of your esteemed Chapter.

This special milestone gives you an opportunity to reflect upon the proud history and achievements, of the Chapter. I would like to commend each one of you who worked so diligently to make this celebration a success.

Please accept my best wishes for a most memorable anniversary.

Cheers & God Bless !

Beroze Divecha
Chairperson
IASAP – Pune Chapter.



Dear Meryl & Team Bengaluru,

WOW, IASAP Team Bengaluru has completed 30 years in their account! It gives me an immense pleasure to wish you all good luck for the milestone you have achieved and wish you celebrate your Golden Jubilee Celebrations soon.

My interaction with Bengaluru team started in Sep 2015 at the Rajiv Gandhi International Airport during the Hyderabad Convention. All delegates were welcomed with Tea/Coffee and Osmania Biscuits and I was coordinating for the entire logistics and travelled along with them to the venue. Pratibha Sudhir, Kavita, Gitanjali, Lakshmi, Roopa, Jaya and so many were among the group and we were sharing jokes and singing songs. Such an interesting and enthusiastic team I have never seen. All of them enjoyed their stay at Hotel Avasa, Hyderabad and loved the food. Our City tour to Golkonda Tombs, Chow Muhalla Palace, Charminar shopping and visit to Taj Falaknuma Palace was a dream come true.

On behalf of Hyderabad Chapter, I wish you all achieve many more milestones.

With Best Regards,

Sridevi Marella
Chairperson
IASAP - Hyderabad Chapter



Dear Meryl,

Greetings!

Hope all well.

My memories of association with Bengaluru Chapter go back to 7th May 2016 when I was an observer as Treasurer representing IASAP Hyderabad Chapter for the AGM and AP Day celebration hosted by Bengaluru Chapter at Ritz - Carlton Bengaluru.

Well organised by the MC. Got to know many points and loved the hospitality of the Team. Sharing a pic with the then committee.

Regards,

Sneha Asp
Vice Chairperson
IASAP – Hyderabad Chapter





It is indeed a pleasure to note that IASAP, Bengaluru Chapter is celebrating its 30th Anniversary this year. On behalf of the Tamilnadu Chapter, my hearty congratulations to you, your dedicated team on the managing committee and members of your chapter on successfully completing 30 glorious years in Bengaluru.

In these trying times, it is commendable that you can keep the organisation going and maintain the momentum and its growth.

Bengaluru Chapter particularly is very close to my heart as I had the pleasure and privilege of representing the Tamilnadu Chapter at the All India Administrative Professionals Contest held during the Bengaluru Convention in the year 2013.

On this momentous occasion I wish Bengaluru chapter all the very best for its future successes and look forward towards its next landmark i.e. Golden Jubilee celebrations.

Keep up the good work dear members of the Bengaluru chapter!

SUDHA R B
Chairperson
IASAP – Tamilnadu Chapter



PEARL ANNIVERSARY!

Indeed, a proud moment for Bengaluru Chapter. It is a landmark in the history of Bengaluru. Congratulations to all the IASAPians. A journey of thirty years of belongingness and togetherness.

May you celebrate many such events in the times to come. Delhi Chapter and I wish you all the very best.

Jyotsna Pathak
Chairperson
IASAP – Delhi Chapter

TRIBUTE TO LATE HOMAI HOMI MEHTA – GONE TOO SOON!



It is with heartfelt sorrow that we mourn the passing away of our dear Founder & President Emeritus, Homai Homi Mehta, - not only an Institution Builder but an Institution all by herself and a legend in her own lifetime. Having worked with her over the last half a century all of us will agree that Homai had the vision to shape ideas/ institutions/Corporates for our Administrative Professionals not only across India but International circuits with all the countless programmes of our beloved Indian Association of Secretaries & Administrative Professionals (IASAP)!

Born on 10th October 1944, she studied at Holy Cross Convent, Tuticorin, Tamil Nadu. Homai & Homi Mehta were married in Mumbai on 18th March 1965. Homai joined the Sir J.J.College of Commerce, Mumbai in January 1966 as Faculty & Administrative Coordinator. Homai along with her husband Mr. Homi Mehta established the National Institute of Personal Secretaries (NIPS) in 1970.

At the 15th All India National Convention September 29, 2017 at the Taj Santacruz, Homai had said - QUOTE "IASAP enters its Golden Jubilee Year in 2020 – an exciting year globally. My best wishes to all of you dear Members. I AM SURE YOU WILL KEEP THE IASAP FLAG FLYING HIGH IN 2020 AND BEYOND". UNQUOTE

IASAP is indeed India's premier organization for Administrative Assistants. Our affiliation to ASA (Association of Secretaries in Asia) helps us to stay abreast of secretarial development in Asia. In 1997, our own Aarti Gupta of the Delhi Chapter was the first to win the Professional Secretary Award – the highest secretarial recognition awarded in Asia which amply illustrated that Indian secretaries could match global standards expected of our profession! That was Homai's dream come true!

Half a century has elapsed since the Association began in 1970 as a fledgling, teetering on the brink of professional recognition. Since then, we have found our place at the top with most other professional associations among women! That is Homai's Legacy!

Let the Golden Jubilee year lead to further our steps towards greater achievements which dear Homai would have been keen on. May we all pledge to continue and grow our dearest Homai's UNPARALLELED LEGACY of wisdom and integrity to live on through the Ages! I shall miss you – my dear friend, philosopher and guide! Dearest Homai, rest in eternal peace.

Moti Vazifdar

Past President 1993- 1995 (Editor of our Newsletter "The Professional Secretary")

1990



1990 - 1992

Founder Chairperson:

Marolla Meneaud

September - The Fifth Chapter of the National Institute of Professional Secretaries (NIPS) was established in Bengaluru

2nd National Convention organized by Pune Chapter on the theme "The Multi faceted Secretary of the 90s".

9th Congress of Secretaries in Asia was held at Karachi, in Pakistan. Homai Elavia as NIPS President led the delegation. The theme was "The Secretary - Shadow Boss & Prime Mover".

With the completion of 30 years of its existence, it is with a sense of great admiration and pride that I convey to all the Bengaluru Chapter IASAPians, hearty congratulations on the tremendous efforts, determination, strong belief and the common bond to look inwards at ourselves, progressing to this admirable level, especially in line with technology. The nomenclature from NIPS to IASAP speaks volumes – NIPS encompassed a limited vision of the role of the Secretary, whereas, the revised nomenclature communicates a much wider perspective of a revolutionary vision and dramatically transformed role, justifying the adage: 'Behind every successful Boss is a Personal Secretary/Administrative Professional – the righthand of the Boss'.

IASAP has opened up several avenues for its members to attend workshops, conferences, periodic meetings with professionals addressing the group on related topics, training programmes which led to many of our girls winning kudos and accolades at The Secretary of the Year – a biennial contest, at the Regional, National and even the Asian level ! We have come a long way indeed.

Here's wishing the entire fraternity very best wishes, accelerated progress and may PEARL turn to RUBY, GOLD and even DIAMOND, with future teams passing on the baton from strength to strength towards greater heights of success.

Marolla Meneaud

Founder Member & Chairperson (1990 – 1992)

1991

Bengaluru Chapter participated for the first time in the Secretary of the Year Con-test (SOTYC)

Winner: Mavis Smith

1st Runner up: Suman Ram

2nd Runner up:

Suman Ram won the 1st Runner Up at the All India contest.

November - The 2nd All India Secretary of the Year Contest was hosted by the West Bengal Chapter in Kolkata.



1992



1992 - 1993

Chairperson : **Deborah Sheeran**

3rd National Convention was organized by the Tamil Nadu Chapter in Chennai on the theme - "The Past with a Future"

10th Congress of Secretaries in Asia was held at Tokyo, Japan, in October. Merlyn Rodricks , as NIPS President led the delegation. The theme of the Congress was "People Skills Your Personal Ladder to Success".



IASAP was earlier identified as NIPS (National Institute of Personal Secretaries). Bengaluru Chapter was registered as a professional body and founded by Marolla Meneaud in 1990. We were extremely thrilled with her taking the initiative to start such a forum and give us a platform for professional growth and personal excellence. It was also a forum to voice our opinions, resolve our differences and tackle difficult situations. This was an opportunity for us to take challenges, improve our confidence, learn and get out of our comfort zone by getting the required help and training to advance in our careers.

I took over as Chairperson from Marolla in June 1992, which was an exciting era for most of us. The membership steadily grew. The monthly meetings were conducted in a relaxed friendly environment and the camaraderie is something that we will always remember. The traveling and fun that the committee had at Chennai and Mumbai for the "Secretary of the Year" Contest brought us closer together. The Committee worked well as a team and we always awaited the Regional Administrative Contest, an event that took a lot of work and preparation to make it a successful one. Since the 90s, the role has evolved where the term Secretary is less used as it has changed to Administrative or Executive Assistant. These roles have expanded with much more increasing responsibilities.

Congratulations and happy anniversary on completing 30 years. Wishing the forum success for many more years to come.

Deborah Sheeran
Copenhagen, Denmark
Past Chairperson (1992-1993)

1993



1993 - 1997

Chairperson :

Matilda Mathias

Bengaluru chapter SOTYC Winners:

Winner: Ambika Sukumar

1st Runner up: Regina Vasudevan

2nd Runner up: Marion Johnstone

November - The 3rd All India Secretary of the Year Contest was organized in Mumbai.



I joined this beautiful association in 1989. It was then known as NIPS – National Institute of Personal Secretaries. Very soon thereafter, perhaps in 1990, the name was changed to sound a little more professional - National Institute of Professional Secretaries. A few years later, perhaps towards the turn of the century, when the humble Secretary's job evolved to take on much greater responsibilities, the name was changed to Indian Association of Secretaries and Administrative Professionals – to reflect the broader portfolio that Secretaries started handling – they were mini-

Managers handling office administration, travel, procurement to a certain extent, and of course, overall office management, virtually running the office.

Headquartered in Mumbai, there were Chapters in Delhi, Kolkata, Pune, Bengaluru, Chennai and Hyderabad. Once in two years Chapters hosted the National Convention in rotation. Bengaluru Chapter hosted the National Convention for the first time in October 1996. The SOTYC (Secretary of the Year Contest) was held in the intervening years. We at Bengaluru Chapter met faithfully once a month, the meetings being great fun and learning opportunities, with enlightened Speakers, exciting games, fellowship and camaraderie, excellent food, each meeting sponsored by some five- or four-star hotel. We were so spoilt by these grand hotels, that if ever we had a meeting in a 3-star hotel, we would have a very poor attendance! It was rather sad one month when we had a very famous Doctor addressing us on an extremely important subject: Common cancers in women; and there were only 15 attendees, while the norm was 60 members or more!!

I generally like to go deep into whatever I am doing or am involved in, and so too with NIPS. I joined the Executive Committee the very next year and took over as the Secretary, and then the Vice Chairperson when Deborah Sheeran was Chairperson, and had very firmly decided that that was it. No more beyond that. This was in 1992. We were attending the National Convention in Chennai, and who should be sitting next to me on the bus taking us from Fisherman's Cove back to the City, if not

Homai Mehta, the Founder of NIPS herself!! I shivered at the idea of sitting next to such a great personality and wished I could disappear. Homai, being the sweet and gentle soul, she immediately started chatting with me, and the next thing I know she was convincing me why I should take over from Debbie as the Chairperson!! As luck would have it, Debbie had to suddenly leave for Denmark shortly thereafter, and I was left handling the baby!!

I must say my rather long tenure as Chairperson, was exciting, eventful and memorable. Apart from the monthly tea meets, annual workshops, picnics, there were the biennial SOTYCs and alternating with that were the National Conventions hosted by different Chapters, and in 1996 we, Bengaluru Chapter hosted the National Convention for the first time. We had 325 delegates in all – a record number at any of the National Conventions. 225 delegates from the other 6 Chapters, as Bengaluru is the go-to destination for people across India, and 100 delegates from Bengaluru. While arrangements for stay, transportation, entertainment, etc., for 225 outstation delegates, organizing Speaker sessions, events, games, fun activities, etc. etc., for the 3 days of the Conference was quite a herculean task, some Members including the Managing Committee worked round the clock for several days to ensure everything worked to perfection. I would be failing seriously, if I did not mention the fact that the 3 days prior to the Convention were spent by me in Girija Rao's office, putting our two heads together. My Boss, a kind Parsi gentleman, considered it a matter of pride that I was the Chairperson of the Bengaluru Chapter, and gave me full permission to go in and out of the office as I needed to! Girija's Boss, a real sweetheart, treated her as the Boss!! The Windsor Manor Sheraton very graciously hosted the inaugural session for us with the dinner, Mrs. Margaret Alva, MP, was flown in from Delhi as the Chief Guest, and the Shakthi Hills Resort, Raja Rajeshwari Nagar, via Mysore Road, got their act together, worked day in and day out, and as though by magic, got us a large hall ready in real ethnic style, with bamboos, large historic pillars, temple-style doors, enclosures made with woven coconut leaves, traditional Indian style welcome with arti to all Delegates, coconut water as a welcome drink, the works. For the Resort Management too, this was the launch of their project, and their very first event. Dinners were out in the open, on beautifully landscaped terrace gardens, and the cuisine left nothing to be desired. They really bent over backwards to anticipate and see to every need of ours. Twenty-five years later, the owners, Mr. Arunachalam and his son Capt. Ramesh still remember us and this Convention which set them off on to a great start. As for me, even outstation Members still remember my name and recollect fond memories of this Convention.

Personally, to me IASAP has meant a lot. I owe quite a bit of my success in my corporate life to this wonderful organization which has helped me hone my skills and strengths. I have been passionate about my Membership of NIPS/IASAP and have been among the few Members with 100% attendance for many years. Having benefited from it personally, I wanted others to also benefit from the organization, and was able to enroll a lot of new Members, notable among whom are Janet Rego, Rosemary Aranha and Tina King, all of whom went on to become Chairpersons later on. Those were the days before email or even

computers. All notices of monthly meetings had to be typed, photocopied, folded, put into covers, address slips stuck on them, and either posted with a Rs.5/- stamp affixed on them or later, couriered to Members. My children too got involved in NIPS as they used to help me do all this at home, and one day, my son put it very aptly, saying: NIPS has sent my family for a SPIN!! Though my term as Chairperson was to end at the AGM in 1996, I was requested by the MC to continue in office for another year, as the National Convention was around the corner. I made sure I consulted my family and got their approval before consenting.

I have considered my time devoted to NIPS/IASAP work as an investment, because it brought me close to all the Members of our Chapter, as well as Chairpersons and MC Members of all the other Chapters as well. By virtue of this connection, getting hotel rooms in any of those cities even at very short notice, was no problem at all. Once, in 1999, thanks to a Member from Pune working with Kalyani Sharp, I was even able to resolve a stubborn issue related to the non-functioning Sharp Projector in my office!! I have experienced that being a Member of IASAP, attending regular meetings, keeping in touch with Members, really adds to your intelligence, smartness and resourcefulness. It's like drawing on the resources of many fellow-Members.

I thank IASAP Bengaluru Chapter for helping me become what I am today and would highly recommend all Admin professionals to take up Membership and benefit from it.

Matilda Mathias
Past Chairperson (1993-1997)

1994

11th Congress of Secretaries in Asia, in Manila, Phillipines Moti A. Vazifdar , as NIPS President led the delegation. The theme of the Congress was "The Professional Secretary : Into the 21st Century".

1995

February - The 4th National Convention was hosted by the Delhi Chapter.

The theme was "Womenpower Planning"

1996

Bengaluru Chapter SOTYC Winners

Winner: Vinisha Nero

1st Runner up: Cheryl Rodrigues

2nd Runner up: Anuradha Muralidharan

Vinisha was also the All India First Runner up.

October - The 5th National Convention was hosted by the Bengaluru Chapter on the theme - "The Power that Grows"



1997



1997 - 2000

Chairperson :

Janet Rego

March - NIPS participated in the 12th Congress of Secretaries in Asia, in Brunei, Darussalam. Viloo Karkaria, NIPS President led the delegation.

The theme of the Congress was "Unity Towards Professional Development".

October - NIPS introduced celebration of International Boss' Day

September 1997-October 1999
NIPS Eleventh President Rema Ramchandran (now Bengaluru Chapter member)

Dear Meryl,

I take this opportunity to congratulate you, your Managing Committee / team, and all the members on celebrating this significant milestone of 30 years (Pearl Anniversary) of IASAP Bengaluru Chapter. I would also like to congratulate the Founder Member, Ms. Marolla Meneaud, all the Past Chairpersons and their Teams, who have immensely contributed towards the growth and achievement of IASAP Bengaluru Chapter to what it is today!

I joined NIPS (now IASAP) in 1991, while employed with Risa Automation Systems Limited. Arranged to get the Rolling Trophy sponsored for the then Secretary of the Year Contest (SOTYC), for the first time, through Mr. K. Sambasivan, Head, Risa Automation Systems Limited, Bengaluru. This Rolling Trophy is in use even today.

This Pearl Anniversary is a momentous occasion, which calls not only for celebration but also Reflection. Bengaluru Chapter has grown from strength to strength and to greater heights in the last 30 years. We take great pride in remembering Ms. Regina Vasudevan, who was the Winner at the ASA Congress in the year 1998 and many other National Winners. As Secretaries and Administrative Professionals, we play an important role, contribute to work teams, lead projects and add value to the Companies that we work with. We may not be visible or have an explicit authority in our workplaces, but we do carry considerable influence with our skills and manage our roles effectively. That Effectiveness leads to Perfection!

My best wishes to all of you for the years ahead. Let us take pride in being a part of IASAP, put our best foot forward to keep the flag of IASAP Bengaluru Chapter soaring high. May good luck and success be yours always.

With warm regards,

Janet Rego

Past Chairperson (1997-2000, 2004-2007)

1998

Bengaluru chapter SOTYC Winners:

Winner: Regina Vasudevan

1st Runner up : Sheryl Jennifer

2nd Runner up: Cheryl Rodrigues

July - The DHL NIPS All India Secretary of the Year Contest was held and the **All India Winner** was **Regina Vasudevan** from Bengaluru Chapter.

September - NIPS participated in the 13th Congress of Secretaries in Asia, in Bangkok, Thailand. Rema Ramchandran , as NIPS President led the delegation. The theme of the Congress was "Meeting the Challenges of Change". For the second consecutive year, the Indian representative was declared winner of the Professional Secretary Award at this Congress and this time it was **Regina Vasudevan**.



1999

March - The 6th National Convention was hosted by the West Bengal Chapter, in Kolkata, on the theme "Beyond Y2K".



2000



2000 - 2001

Chairperson :

Rose Aranha

Bengaluru chapter Secretary of the year (SOTYC)

Winner: Tina King

1st Runner up: Tara Sharan Chand

2nd Runner up: Vinutha Satish

September - NIPS participated in the 14th Congress of Secretaries in Asia, in Colombo, Sri Lanka. Betty Kent , as NIPS President, led the delegation.

The theme of the Congress was "Tomorrow Through Today's Eyes".



The National Institute of Professional Secretaries (NIPS) - as it was then known, registered in 1970 is a non-profit association with a membership of over 1600 lady Management Secretaries, Executive Secretaries, Executive Assistants and Steno Secretaries in India.

I still have the watch which was presented in October 2000 when NIPS celebrated its 30th Anniversary. This was in Mumbai in the year 2000.

NIPS activities included monthly lecture meetings with guest speakers, workshops, training programs and opportunities to attend national and international conferences.

I have fond memories of preparation and celebrations of administrative professionals' week every April, secretary of the year contest in July, and Boss Day in October.

Warm wishes to the Bengaluru chapter of IASAP all the very best and a big God bless.

Rosemary Aranha

Ontario, Canada

Past Chairperson (2000 – 2001)

2001



2001 - 2003
Chairperson :
Tina King

February - The 7th National Convention of Professional Secretaries was hosted by Mumbai Headquarters, on the theme "Changes, Challenges & Opportunities in the New Millennium

"Here's to Strong Women. May we know them. May we be them. May we raise them."

It has been a privilege personally to be associated with IASAP Bengaluru Chapter (erstwhile NIPS) as a Life Member for over 26 years with my career spanning over 28 years. Being an integral part of this association by serving on the Committee as Committee Member & Hon. Secretary (1999-2001) and Chairperson (2001-2002) has taught me many valuable lessons. The breakthrough came in 2000 when I became the Regional Winner at the SOTYC, it was then my confidence levels soared and there was no stopping me. My career graph is testimony to the many achievements that I gained on the way. I am humbled and honored to be a part of such a professional Association of high repute.

There is so much one could benefit and learn from this Association where continuous learning is a key item on the Agenda. From attending the monthly meets to the various get-together sessions, biennial conventions and other networking sessions, there is so much to take away and build on, for your professional and personal life. It was been a wonderful journey making new friends with similar aspirations and goals.

I have seen IASAP Bengaluru Chapter grow from strength to strength under the leadership of very capable Chairpersons and Committee members. There is nothing impossible when everyone works towards the same outcome. This is what IASAP Bengaluru Chapter has achieved over the years and owes its success to.

Let's raise a toast to 30 very successful years of IASAP Bengaluru Chapter and wish we continue the momentum by forging ahead another 30 years!

Tina King
Past Chairperson (2001-2002)

2002

Bengaluru chapter Secretary of the year (SOTYC) **Winner: Rekha CV**

1st Runner up: Narayani

2nd Runner up: Sudha Lakshmi

September - NIPS participated in the 15th Congress of Secretaries in Asia, in Brunei, Darussalam. Veera Mundroina , as NIPS President, led the delegation. The theme of the Congress was "Challenges".



2003



2003 - 2004

Chairperson : ***Shashikala Natarajan***

February - The 8th National Convention of Professional Secretaries was hosted by the Hyderabad Chapter on the theme "Breaking Barriers, Building Bridges"

April - The association's name was changed from "National Institute of Professional Secretaries" to "Indian Association of Secretaries and Administrative Professionals" (IASAP)

October - IASAP Website was launched on Boss' Day (Website url was: <http://www.iasap.net>)

I was introduced to NIPS at a time when I was going through personal problems, I got to join the committee that was really a changing point in many ways. When NIPS went through change in name to IASAP I was the Chairperson, and it was a time when the role of secretaries was also changing.

My role as a Chairperson came with loads of responsibility and executing them would not have happened so well if it was not for the support of my team Tara Ganapathy, Mamatha Rajeev, Nirmala and Gowri. My guiding force Marolla Meneaud was always there in support.

It has been 11 years since I quit my job with Titan. My various courses on Pedagogy and today I am certified Counsellor and a Businesswoman.

Being open to Change, challenging oneself, learning new things, keeping ourselves updated with technology around. Reading a lot. Above all, being in love with yourself. Take negativity with a pinch of salt. Life is exciting out there.

Here's wishing IASAP Bengaluru Chapter the very best on its 30th Anniversary. May each of you carve a niche for yourselves in your career and life.

Regards,

Shashikala Natarajan
Past Chairperson (2003-2004)

2004



2004 - 2007
Chairperson :
Janet Rego (2 nd term)

Bengaluru chapter Secretary of the year (SOTYC)

Winner: Chris Joshua

1st Runner up: Monica Sanctis

2nd Runner up: Madhavi Muniraju

April - At the traditional Boss Secretary Lunch, The Best Administrative Practice Award 2003 2004 was presented by Blue Dart Express Limited to Rema Ramchandran of Bengaluru Chapter, who was declared the All India Winner.

August - IASAP participated in the 16th Congress of Secretaries in Asia, in Singapore. Maria Pontes , as IASAP President, led the delegation. The theme of the Congress was "Strive with Winning Combinations".

2005

January - The 9th National Convention of Professional Secretaries was hosted by the Pune Chapter on the theme "Passion for Perfection".

2006

Bengaluru chapter Secretary of the year (SOTYC)

Winner: Roshal S

1st Runner up: Pramuda

2nd Runner up: Johanna Lawrence

November 11 to 15, 2006 IASAP hosted the 17th Congress of Association of Secretaries & Administrative Professionals in Asia Pacific at Taj Lands End, Mumbai, under the leadership of Shera Langrana , ASA & All India President. The theme of the Congress was "ME Mission Excellence".



2007



2007 - 2009

Chairperson :

Mavis Smith

April 28 to May 1, 2007 The 10th National Convention held at Mahabalipuram, Chennai was organized by Tamil Nadu Chapter.

November 3 to 7, 2007 Pansy Reilly as IASAP President, led the 29 persons delegation to 18th ASA Congress hosted by the Ikatan Sekretaris Indonesia (IS) at Jakarta, Indonesia.

I was one of the first few who joined this wonderful association - back then known as National Institute of Professional Secretaries or in short NIPS. The confidence and exposure it gave me was tremendous. Early on I figured that the network one built through this association could not be bought! We forged relationships and nurtured them. When we had to set up appointments, all we had to do was call or send a message. Very powerful! Hotels used to vie with each other to sponsor our events. I remember sometimes we had to decide between as many as 3 hotels who wanted to sponsor (especially our main events). We had a great rapport with all of them and it was wonderful.

As a person, I grew. From a shy (for all you non-believers - I was very shy at that time) person I blossomed into a confident and articulate EA who spoke her mind and contributed at every team meeting. I took on new responsibilities and grew in my role. I think I may have changed the whole JD at HSBC as I took on training, HR and recruitment, banking specific work etc. But this Association does this to you. You get a sense of achievement, a can-do attitude knowing that you can reach out and take help from so many other qualified and wonderful women!

After I won the Secretary of the Year award, there was no looking back. I got job offers and realized that the sky is the limit. As Chairperson I had the greatest learning ever. Inputs from a great committee helped me grow and hopefully I helped them as well! We organized successful national conventions and attended some international ones. Again, we made friends for life!

This Association is a great meeting place for women in our profession. It's very important to have a strong network so that you can reach out when required. Never underestimate the power of networking!

More power to us - we are the ones who hold it all together!

Mavis Smith

Past Chairperson (2007-2009)

2008

Bengaluru chapter Secretary &
Administrative Professional Contest
(SAPC)

Winner: Roona Pradeep

1st Runner up:

2nd Runner up: Shubha Babu

August 23, 2008 Name of 'Secretary Of
The Year Contest' (SOTYC) was changed to
'Secretary & Administrative Professional
of the year Contest' (SAPC).

October 19 to 22, 2008 IASAP participated
at the 19th ASA Congress in Kuala
Lumpur, Malaysia. Pansy Reilly as IASAP
President, led the delegation with 57
participants. The theme of the Congress
was "Reinventing the way forward".



2009



2009 - 2011
Chairperson :
Vinisha Nero

IASAP new Website was launched www.iasapindia.com with links to each Chapter's Website.

April 30 to May 3, 2009 The 11th National Convention held at Kolkata was organized by West Bengal Chapter. The Theme was "Connected for Life. One Life, Do More".

Greetings to Everyone.

At the outset my heartfelt condolences to the family of Mrs. Homai Mehta, our Founder and President Emeritus. Her love for the Secretarial profession, her commitment and her passion, made a big difference to numerous Secretaries in India. May her legacy live on. Thank you Homai.

WOW, 30 years of Bengaluru Chapter. I had to get into a different frame of mind, rewind my memories and look back from where I started to where I am today, before I started writing this memoir. I remember my first National Institute of Professional Secretaries (NIPS) meeting was at Hotel Rama on Lavelle Road in 1993, which got me hook, line and sinker. My journey professionally and being part of NIPS ran parallel for over two decades. I started working at the age of 16 years old, so my professional knowledge was learning on the job, which was more hands on, than academic. Here is where my association with IASAP made a positive impact, as a person and professionally.

I usually never missed our monthly meetings, the training, the sharing, the chats with my peers, the jokes, the laughter and fun times we had drew me in. It was my "Me Time" which I loved, that had me coming back for more. The big change came when I was cajoled into taking part in the Secretary of the Year Contest. I entered the competition very reluctantly and camouflaged my nervousness with acting funny and making the other contestants laugh. My competitors from the big league, seniors, graduates, working for multi-nationals and I had absolutely no hope of even getting through the first round, but surprise – I was one of the finalists and came 7th in the competition. Failure taught me things that I could not learn anywhere else. It planted a seed of desire to excel, to win and to improve myself. The next time around in 1996, I was the Regional Winner in Bengaluru and the All India First Runner Up at the National level, missing the All India Winner title by "a whisker" as told by the Judges. It did not matter to me at that time, because through the process I found out who I was, it gave me great confidence and most importantly I learnt my strengths and weaknesses to work on. I owe credit to IASAP for bringing out the best in me. It helped me develop a great work ethic, a strong will and a network of friends who love me and have stood by me in

times of adversity. Winning and Losing keeps life real and in perspective.

As Chairperson of the Bengaluru Chapter I had the most fun, most challenges and most rewarding moments. My Committee members stood by me rock solid and I only had to say the word, they would deliver with panache. We did some daring and courageous things together as friends and peers to create everlasting memories. Attendance at our monthly events was high and the icing on the cake for me was being Convener of the National Convention “WOW 2013”. Navigating the high expectation committee, my core team burning the mid-night oil and making everything perfect made it all worth it. I found in moments of risk and challenges, the greatest defining memories were made, and life took on a greater meaning. The accolades and memories were overwhelming, beautiful and emotional.

Some of my favorite memories were on our International Convention trips, the excellent learning opportunities, the performances, the sight-seeing and the “laughing till we were crying and ROFL” moments, are things I will always cherish.

Life has taken me down a different road over the last eight years. Never dreamt I would enter politics, but becoming a two term, Member of the Legislative Assembly as a Nominated Anglo-Indian in the Government of Karnataka, made me tread into unknown waters. My innate desire to give back made me take on the challenge. I have no regrets, I have made a difference to those in need and I know I cannot change the world, but I can change the world around me.

In closing here is my message – A positive attitude is a state of mind that determines what you become, what you achieve and where you go in life. It is up to you, it is your choice, it is your decision and it is your success or failure. Anything is possible, if you have the right attitude and determination to chase your dreams. Go get it – it is yours for the taking. Be courageous to face consequences in life.

Thank you to everyone who touched my life through IASAP. God bless you all. With much love to all my girls (you know who you are).

Vinisha Nero
Past Chairperson (2009–2011, 2012-2014)

2010

Bengaluru chapter Secretary & Administrative Professional Contest (SAPC)

Winner: Sree Gowri

1st Runner up: Prathibha Sudhir

2nd Runner up: Shantha Nagaraj

Prathibha Sudhir also won the 2nd Runner Up at the All India contest.

The Rules & Regulations of Memorandum of Association of IASAP were framed and approved at the AGM at HQ.

20th ASA Congress held from September 26 to October 1, 2010. Jeroo as the All India President, led the 94 Indian delegates to Taiwan. The theme of the Congress was "Leaping Forward in the Changing Work-place".



2011



2011 - 2012
Chairperson :
Beverly Albuquerque

Bengaluru chapter Secretary &
Administrative Professional Contest
(SAPC)

Winner: Meryl Dcoto
1st Runner up: Prathibha Sudhir
2nd Runner up: Vijaya Shekar

13th DHL IASAP All India SAPC was
held during the Convention.

Bengaluru Chapter webpage set up.

BUZZ the Bengaluru Chapter
newsletter was released on 11th
Dec 2011 at the Family day.

An anniversary is more than just a number. It is another year of growth, of creativity and of success as an association, another reason to celebrate!

My bond with IASAP started in February 1995 when I attended the National Convention at Delhi as a non-member, sponsored by my then company (Motorola). I was thoroughly impressed with the event and excited at having made new friends. On my return I prepared a note about the convention, what the sessions covered who the speakers were and submitted this along with a note of thanks to my Boss. He was so impressed reading it, that he said, "you should join this professional association" and I replied that I plan to at their upcoming AGM. That year I joined as an Associate member and later converted to a Life member.

What drew me was the warmth, sincerity and feeling of 'sisterhood' that exuded at these meetings. Over the years I was able to attend more frequently and learnt not just from the meetings that were so well organized, but also from the excellent Guest Speakers, Trainings and from some of the outstanding members I looked up to and were like my "ghost mentors". Observation is a great teacher and I personally have learnt a lot not just in attending the meetings, trainings that the Managing Committees painstakingly arrange, but also the 9 National Conventions and 4 ASA Congress meets that I had the privilege of attending, to date. Great opportunity to network with likeminded professionals not just across India, but Asia too.



Slowly my interest grew, and I even joined the Committee in 2009 with the same passion others are drawn to the committee. My passion multiplied when I took on the mantle of chair-person 2 years later supported by a great committee we did a pulse survey, announced we will reward regular attendees, brought in more learning including our "Reach for the Stars" one-day workshop and saw a phenomenal improvements in attendance in the monthly meets. We even launched BUZZ, the Chapter's quarterly newsletter in December 2011, sadly this lasted only around 11 or 12 issues I think :(.

My next key contribution was part of the organizing committee of the 2013 National Convention at Bengaluru – WOW 13! An amazing experience of teamwork and coordination in the organizing of this event. Lots of sweat and tears shed behind the scenes, but the result as all will vouch even today, seamless! Years have flown and the baton has moved from one able committee to the other – each of whom contributed considerably to the growth of the Chapter. My passion for IASAP has continued to soar and I am proud to be a part of this 30th anniversary celebration as Convenor. All I can say is WOW 30and more to go!

We must thank the foresight of our Founder & President Emeritus late Mrs. Homai Mehta; and the grit and determination of our Chapter Founder Marolla Meneaud, for this great platform at Bengaluru. I urge all members present and future, to enjoy this evolutionary journey in their profession under the umbrella of IASAP.

Being the "pearl" year, let me share this insight: When faced with a negative situation or irritant, try to remember the **pearl analogy**: *"Pearls are formed as a defense mechanism against an irritant, such as grit or sand. The oyster's natural reaction is to cover up the irritant with layers of the same nacre substance that is used to create the shell."* In a similar way, use the irritants you face in life as opportunities to refine and reinvent yourself.

Best wishes to all.

Beverly Albuquerque
Past Chairperson (2011-2012)

2012



2012 - 2014
Chairperson :
Vinisha Nero (2nd term)

The 21st ASA Congress held from 1 to 6 September 2012 at Dhaka, Bangladesh. Wilma D'Costa, the 18th All India President of IASAP. led the delegation.

Bengaluru Chapter set up a working group to plan the 13th National Convention which was being hosted at Bengaluru in 2013.

2013

Bengaluru chapter Secretary & Administrative Professional Contest (SAPC)

Winner: Roopa Prasanna Murthy

1st Runner up: Shalini B

2nd Runner up: Sirisha Prasanna

The 13th National Convention held at Sheraton Brigade Gateway, Bengaluru from 29 September to 2 October 2013 was organized by the Bengaluru Chapter. The theme of the Convention was "Women of Wisdom" (WOW).

Pic: The WOW 13 Ladies organizing committee. (extreme right)



2014



2014 - 2018 :
Chairperson : **Prathibha Sudhir**

22nd ASA Congress held at Pakistan.

My association with IASAP Bengaluru Chapter has been an important breakthrough in my life and to many that I know. It has been a great platform for collaborative learning opportunities and contributed to explore and develop key skill-sets for its members.

Here's wishing a fabulous 30th to the Chapter and its members. I take immense pride to be part of this Professional Association.

Cheers
Prathibha Sudhir
Past Chairperson (2014-2018)

2015

Bengaluru chapter Secretary & Administrative Professional Contest (SAPC)

Winner: Rashmi D'Souza

1st Runner up: Nithya Sharma

2nd Runner up: Marjorie Gama

Rashmi D'Souza was the 1st Runner Up at the National Convention.

IASAP was invited to participate in the Cisco "West meets East Global Exchange Summit" both at Bengaluru and Mumbai.

September 19 - 23 14th National Convention held at Hyderabad. The theme was "Divas of Change"



2016

23rd ASA Congress held at Manila, Philippines. The Theme was, "Today's VISION, Tomorrow's REALITY"



2017

Bengaluru chapter Administrative Professional Contest (APC)

Winner: Bama Cariappa

1st Runner up: Savitha S

2nd Runner up: Gitanjali Arora

Bama also was 2nd Runner Up at All India APC.

15th National Convention held at Mumbai.

Theme "Excellence Beyond Boundaries"



2018



2018 - 2020

Chairperson :

Roopa Prasanna Murthy

24th ASA Congress held at Papua
New Guinea

I was 30 years old when I got introduced to IASAP by one of my best friends Manjula. I must say that my decision of joining IASAP has transformed my personality completely and my perspective towards my profession. The association full of ladies made me realize the power of women. The glorious moments that I have experienced with IASAP in the last 10 years will be cherished for a lifetime.

The amount of contribution IASAP has given in my life is that from a young girl who couldn't stand in front of public and speak for a minute changed into a Chairperson of this Association, managing close to 200+ members. That's the magic of our IASAP Bengaluru Chapter! The lessons learnt are continuing to fine-tune me in my Entrepreneurship now. I am extremely proud of our Chapter.

I take this opportunity to congratulate Ms. Marolla, The Founder of IASAP Bengaluru Chapter from the bottom of my heart and all the Past Chairpersons for their achievements. All their efforts have brought us to the 30th year's Anniversary which is commendable... Kudos to each of you!

I would like to also remember our President Emeritus Late. Mrs. Homai Mehta at this occasion and pray that she blesses all of us from heaven.

Last but not the least, my best wishes go to Ms. Meryl and team for the great job they have been doing.

Lots of Love to IASAP and every Queen of IASAP! May all of you have a great career ahead...

Best Regards,

Roopa Prasanna Murthy
Immediate Past Chairperson (2018-2020)

2019

Bengaluru chapter Administrative Professional Contest (APC)

Winner: Shilpa Nagaraj

1st Runner up: Asha KS

2nd Runner up: Patricia Dass

Asha KS was also the 2nd Runner up at the All India contest.

16th National Convention held at Pune, 11- 14 October, 2019. The theme was "Women Shaping the Future".



2020

WOW 30 : LOOKING AHEAD - Virtual Summit as part of our 30th anniversary celebrations on 28th November 2020.



2020 :
Chairperson : *Meryl Dcouto*

This year marks the 30th anniversary of our foundation - Our PEARL year.



WOW30 : LOOKING AHEAD

28th
November
2020

AGENDA

Time	Program	Details
3:30pm	Connect	Time for joining, networking and initial set up Host/Emcee : Karan Machado (RJ Kay)
4:00pm	Kick-off program	Welcome Note by Meryl Dcouto, Chairperson Invocation Dance by Latha Warriar Down Memory Lane by Marolla Meneaud, Founder
4:15pm	Session 1	Keynote address – Looking Ahead: Emerging role of the Administrative Professional in the future/new normal – a Leader’s perspective Mr. Jonathan Hunt <i>MD & CEO, Syngene International</i>
4:45pm	Session 2	Power of 3: Mentoring, Shadowing, Networking Mr. Ramesh Shankar <i>Founder & Chief Joy Officer of HRISHTI</i> <i>(earlier Executive VP & Country HR Head, Siemens India and South Asia)</i>
5:15pm	Session 3	Building Resilience Lt Gen (Dr) VJ Sundaram, <i>PVSM, AVSM, VSM (Retd)</i>
5:45pm	Interlude with our Nightingales	Asha KS & Namra B Ahmad Marolla Meneaud
6:00pm	Panel discussion	Topic: How to master prioritizing the demands of multiple managers while managing multiple roles Moderator: Dr. Rema Ramchandran Panelists: Chairpersons from our 7 Chapters
6:30pm	Session 4	Positivity Boosts Productivity Mr. Ian Faria <i>Trainer & Executive Coach</i>
7:00pm	Concluding	Vote of Thanks: Beverly Albuquerque Entertainment: The Revivers



Ramesh Shankar has founded “Hrishti” – joy forever, a social enterprise based out of Bengaluru to find ways and means of giving back to society. He is currently the Chief Joy Officer of Hrishti.

He was last the Executive Vice President & Country HR Head, Siemens India and South Asia based out of Mumbai till March 2019., when he retired. Ramesh was born in Trichy, Tamil Nadu and spent his formative years in Kolkata, Jabalpur and Chennai, due to his father being in the government service.

Ramesh is a graduate in Chemistry and a post-graduate in Personnel Management from the University of Madras. He is also a keen observer and learner – reasons which drive him to pursue an ‘Executive Fellowship in Management’ from XLRI, Jamshedpur.

He has presented papers on HR topics across national and international conferences and his papers have also been published in three books.

He started his career in 1981, as a Management Trainee in SAIL, Bhilai and spent 15 years there, before leaving the organization as a Senior Manager in 1995. He then spent the next 10 years with the Eicher Group from in Indore, Delhi and Chennai in various HR and business roles. This was followed by a short stint in with Britannia in Bengaluru (2005 – 2008) and Head – HR for ABB India (2008-2011). Throughout his career Ramesh has been in HR, except for two-line roles where he was the Business Head of an Eye Hospital during his stint at Eicher. He has worked in north, south, east, west and central parts of India during his career.

When not at work, Ramesh enjoys music, likes to travel and go for long drives & admires nature and holidaying with family. He has authored two books so far in his life. “Sights & Insights” & “Life & Living”– targeted at students and young professionals so as to help them reflect on life and living. They are available on amazon.in. & Flipkart.

He is regular contributor to Times of India, Economic Times, HR Katha and other leading newspapers and magazines. He is also a guest faculty at IIM Bengaluru, SP Jain College Mumbai and other leading business schools. Ramesh is also a certified executive coach and has more than three decades of experience as a coach and mentor to leaders across organisations.

Ways to connect with Ramesh Shankar :

Email – srameshshankar@gmail.com; srameshshankar@yahoo.com ,srs@hrishti.com

Blog - <http://srameshshankar.com>; Twitter - [@srameshshankar](https://twitter.com/srameshshankar) Instagram - [srameshshankar](https://www.instagram.com/srameshshankar)

Linkedin – Ramesh Shankar S; Facebook – Ramesh Shankar S ; Instagram – Ramesh Shankar S



Lt Gen (Dr) VJ Sundaram, PVSM, AVSM, VSM (Retd)
BSc, BE (Mech), ME (Aero), PhD, FNAE, FIE(HLF), FAeSI, FISNT
Adviser (Micro-Nano-Bio Systems), NDRF

After BE from UVCE, Lt Gen Sundaram joined the Army in 1957 and worked with Electrical & Mechanical Engineers in Road Projects in J&K and the North East (India-China border) as well as in Training Centres. He worked on Missiles with DRDO from 1967 to 1997. He completed ME and PhD at IISc during this period.

He led the Design Team and was the First Project Director for the Surface to Surface Missile, PRITHVI, India's first Indigenous missile to enter the Army, Air Force and Navy. It was accepted by the Army for induction in 1994, one year ahead of schedule, in spite of Missile Technology Restrictions imposed by ALL

the developed countries. PRITHVI's indigenous content was 95%, including Strapdown Inertial Guidance Systems and Aerospace grade Servo-Hydraulic Servo valves. He was Mission Director for 50 flights of Prithvi and its variants from 1988 to 2013, covering also Prithvis used in the Ballistic Missile Defence program.

He was Director of the missile labs, DRDL & RCI as well as Chairman, Indian Missile Program from 1992 to 1997, after Dr Kalam went to Delhi as the Scientific Adviser. He was Adviser for Critical Technologies of the Light Combat Aircraft (Tejas) from 1997 to 2001 eg: Carbon Fibre.

He initiated work on Mini and Micro drones in 1998 and continued to support their development through The National Design & Research Forum (NDRF) till 2016. Currently, he promotes R&D for integrating Biology and Engineering eg: Rodent Cyborgs for searching and locating persons trapped under debris and locating explosives.

Awards

- 1957 Best All Round Student (Mech Engg Assn), UVCE
- 1958 First, Technical Graduates Course, Military College, Dehra Dun
- 1980 VSM – Indigenization of Russian Surface-to-Air Missile (SAM-2)
- 1988 National Aeronautics Prize, Aeronautical Society of India for Design and successful flight of first Indigenous missile, PRITHVI
- 1989 AVSM Development of PRITHVI (President of India)
- 1994 PVSM R&D, Prithvi, Agni, Trishul, Akash, (President of India) Nag, LCA (Tejas)
- 1998 Aryabhata Award, Contributions to AeroSpace (ISRO) Indian Astronautical Society
- 2002 Instrument Society of India

Lifetime Achievement Awards

- 2003 Defence Research & Development Orgn.
- 2018 Indian Society for Non Destructive Testing Distinguished Alumnus Award
- 2011 Indian Institute of Science
- 2014 University Visvesvaraya College of Engg Chairman-
- 2000-2004 Board of Governors, NDRF
- 2013-2017 Governing Council, Engineering Staff College of India

President- Aeronautical Society of India, Association for Machines and Mechanisms



*Jonathan Hunt,
MD & CEO
Syngene International*

Mr Jonathan Hunt has an MBA from Durham University, United Kingdom, with over 30 years of experience in the global biopharmaceuticals industry. At Syngene, he is responsible for leading the Company's business operations and steering its investments in developing and strengthening its capabilities and capacity. Prior to joining Syngene, he held leadership positions at AstraZeneca for over a decade, including President and Director of AstraZeneca, Austria, and President and Chief Operating Officer, AstraZeneca, India.



With over 2 decades of work experience, Ian brings a plethora of skills and capabilities to the table. His varied experience in 3 distinct industries have helped him understand people.

He started his career with the Merchant Navy and rose to the level of Chief Officer. He then became a builder/developer who completed 14 projects in as many years before he switched to a bigger building career. Now he helps build the nation, through empowering and enhancing leaders across varied industries. For the last 20 years, Ian has created a great niche for himself, and for his company, TALK TEMPLE in the area of Leadership Coaching and Training. Today with many capable and experienced trainers on board, Talk Temple is the go-to company for Transformational and Leadership oriented training.

As a TRAINER and EXECUTIVE COACH he has worked with leaders, both men and women at the top end of the corporate ladder from some of the best companies in India. Through this he has gained immense insights on how the mind of the leader works. He has been a leader in Rotary, Round Table and other Community Service Organizations where he was the President. He was the First District Governor for India and Sri Lanka - 2002 to 2004. For the role he played in propagating the movement, he was granted the Presidential Citation in 2006.

People Building and Leadership are his passion. He is an expert on How the Mind Works, and he applies cutting edge mind tools in all his programmes. He has done numerous sessions of his self-authored programme EVEvolution – a workshop exclusively designed keeping Women Shakti in mind.

While Ian is a tremendous trainer, he also enjoys his many interventions as a KEYNOTE SPEAKER and MOTIVATOR. He has spoken at numerous Annual Conferences and General Body Meetings. He also trains politicians in the art of Influencing through Public Speaking.

He is a voracious reader and has written more than 500 articles for leading newspapers and magazines. He is currently publishing his book on Leadership – Moving from Influence to Impact.

He is the proud father of Nicole Faria - Miss India 2010, Miss Earth 2010 and now a Bollywood Actor and a leading star in a Turkish movie.

He is passionate about his mission “To make India the Number ONE country on the planet”.

Some of the companies he currently trains, and coaches leaders is Allstate, Amadeus, Applied Materials, Cisco, Intuit, Sansera, Titan.

His Vision is to create Leaders of Stature for India, and he wants to shape Indian Leaders as Thought Leaders of the world.

His KEY PHILOSOPHY:

To succeed, we just need to tap a little bit of the Infinite Power within us.



KARAN EDWARD MACHADO

GET IN TOUCH:

Phone: +91-9620791964

Email: karan.e.machado@gmail.com

Karan Machado, better known as RJ Kay is the host of Good Morning Bangalore that airs every weekday on 94.3 Radio One, India's only international Radio network. He is the current youngest radio show host in Bangalore and has done everything right from interviewing Bollywood stars to International stars like Mike Posner and even your celebrity master chefs from MasterChef Australia.

He has been awarded Communicator of the Year 2020 (Radio Presenter) by the Public Relations Council of India (PRCI), as part of the Chanakya Awards 2020 for National & International Achievers 20:20. This prestigious honour was a part of the PR Beyond 20:20 Conclave.

He has also been nominated for the Namma Bengaluru Awards 2020.

Kay is an emcee, host, teacher and an actor, both on camera and on stage. He has done musicals that he's toured India with, featured in television ads for brands like Fastrack & Kingfisher, OnePlus and more.

He is currently running an online mentorship programme for Radio Journalism with Unherd India and more details can be found on www.unherd.in/rjkay

He is an Improv Artist that currently performs with ImproWise and has been part of other Improv groups too in the past.

Once again as he's best known on radio..
Hey hey hey! This is Kay!



THE REVIVERS

Have been performing for the last 17 years. They play diverse genres and have played for corporates, social clubs, weddings etc.

Contact: Peter Rebello
<peter@anexion.in>





My first memories of IASAP Bengaluru goes back to nearly 3 decades ago to attend the Convention at the Shakthi Resorts. Well organised event. I was then at Mumbai.

The WOW convention was also one of a kind which utilized the latest technology and went down history as the Chapter's milestone event.

After years of being in Mumbai I am now in Bengaluru since 2000 as part of this Chapter and happy to be actively engaged in all their major events.

Best wishes
Dr. Rema Ramchandran
Past All-India President



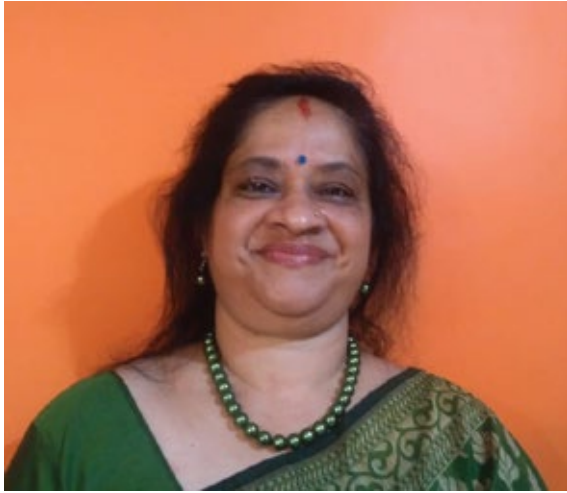
"Some Journeys become so beautiful that you wonder how it all began and become to where we stand now."

My journey with IASAP has been more of an intellectual quest beginning 2015. And in the last 5 years from being a guest, to a member, to a committee member to being APC Winner and today holding a post in the current committee.

IASAP has been the perfect forum for personal and professional growth. It has the most supportive, nurturing, empowering and inspiring environment to cohabit.

My gratitude and Best Wishes to IASAP Bengaluru Chapter on completing 30 years and wishing many, many more.

Regards,
Bama Cariapa



I started my career at the age of 18 as Stenographer. After working for 6 years in private firms, I was appointed in a multinational corporation (Brooke Bond) where I came to know about NIPS (now known as IASAP) and enrolled as member in 1991-92. Under the dynamic leadership and magnetic personality of our Founder-Chairperson Mrs. Marolla Meneaud, the forum has seen many evolving secretaries and administrative professionals like me in as much as she creates a positive approach in its members through her simple and mesmerizing mentoring!!!

For the last 28 years, I have been a regular and committed member. I participated in numerous training workshops such as: # time management, # stress management, # data management, # relationship management, # sexual harassment at workplace, #leaving a mark in the organization, #future technologies sweeping the

country, #habits lead to excellence, #wearing multiple caps, #breaking the shell, #communication skills/techniques, #neurolinguistic program, #changing negatives into positives, #BrandME (personal branding), #conflict management, #anger management, #yoga session, #desk fitness, #makeup session, #table manners, #dental health, #benefits of aromatic oils and fun filled events such as: Secretaries Day, Boss Day, Family Day, etc. A couple of events were held in Resorts, Soukya Healing Centre, International Film City too.

I have also participated in the Secretary of the Year Contest and adjudged as 2nd Runner up in 2010. These training workshops and events were held in 5-star hotels and world-class facilities of blue-chip companies such as Infosys, Wipro, Cisco, Bosch to name a few. In my view, I would have hardly experienced the aesthetics/ambience of this stature in my personal account.

Impact: IASAP events helped me to become a well-balanced resource, able to handle a stressful situation at workplace/home/society by:

- Multitasking at workplace as well as home
- Managing stress in a natural way
- Bringing hidden talent to the fore
- Discharging duty before call of the day
- Setting the ball rolling in the absence of the Boss
- Giving more than what I get
- Being on par with the Boss' demands



I made an impact by clearly having edge over my peers. My skills were sought after, and I was well received and accepted across organizations. Last but not the least, in my career spanning 25 years, I was a Stenographer, Secretary in the Legal Department, Legal Executive and finally retained as Adviser in the last served organization.

Benefits: Accolades, praises, awards and rewards followed me across organizations.

Gratitude : I will be failing in my duty if I do not place my appreciation to this Forum for whatever I am today! Thanks IASAP!!!

SHANTHA NAGARAJ

Retired Secretary

Presently Insurance Advisor with Life Insurance Corporation of India



My journey with NIPS/IASAP

Matilda Mathias and her TVS Moped is something I will remember for a lifetime. Matilda introduced me to NIPS in 1993 and I used to tag along with her for the meetings as we rode on her Moped to the meeting venues, mostly in and around MG Road. That probably was the time I was wondering whether to give my career a shot, as a secretary or not. The offices of Janet, Matilda, Marolla and other dynamic secretaries of those times made me realize the importance of the role they played in their organizations and the respect they all earned. They had a posh office located closest to the MD's office and had everything placed at their hand's reach. The office boy, security guards and the decorated hotels looked like their most trusted business partners. They were the sounding boards of their company and projected themselves as ambassadors to other companies. Yes, there was no going back for me, as I decided that this is what am going to do!!

What a fantabulous journey of more than 25 years. There are tons of precious memories I cherish with this wonderful association. Few of my all-time favorites include a trip to Titan Factory, Kalyani Beers, Hindustan Lever, Bosch guest house meetings, Christmas fun times, Boss day event, Secretaries day celebration, Secretary contests, Orphanage events, etc. Thanks to NIPS/IASAP for the growing bunch of lovely ladies as associates, friends and those few that are ever close to my heart. I enjoyed being a committee member during Mavis, Vinisha and Beverly's time. Love you ladies!

From NIPS to IASAP, we have grown leaps and bounds, from secretaries to associate business partners, from typewriters to Microsoft OS and from landlines to mobile phones/iPads to virtual collaborations. The spirit remains the same, always soaring higher and higher, taking every opportunity and struggle along, and still be the ambassadors of our organization. Love you all my Super Smart Secretaries and wish you all the very best in every endeavor of yours and long live IASAP...three cheers to you!!!

Johanna Lawrence



Stenography, Tachygraphy or Brachygraphy...? By Monica Robinson

History has it, that, Sir Isaac Pitman, of Britain, created a technique, he called..."Stenographic Sound Hand"... Pitman's circles, strokes, loops, hooks... travelled far and wide... from 1837...!!!...over sea and land!

If the meaning of Stenography, you do yearn to seek...

"Stenos" means narrow, "Graphein" means to write... and obviously ...it's Greek!!!

Shorthand, typing, "words per minute"... 60/80, 80/100, one hundred...one hundred and twenty... These "figures" and achievements formed the vocabulary...of a professional Secretary...!

Shorthand, was a "scary" subject, requiring practice, skill and learning...
But along with a racy typing speed, it soon became our means of earning!

Those very special note pads, were filled with beautiful curves, diphthongs and dots...
Only those who could decipher them, could comprehend the "plots"!

Business deals, successes, mergers, IPO's, confidential matters, lay "hidden" there...
Matters which were "visible" but undecipherable, to the casual onlooker's stare...!

So we could leave our note pads in very open view...
'coz those who could read our notes, were none... okay probably just me and you!

Even senior colleagues, with every degree, diploma or Ph.D...
Could not help but be in great awe, of Shorthand's "mystery"!

Of course, we bluffed, we "cheated" just a teeny-weeny bit!!!
But when we handed in our transcription...it was "woven" just to fit!

Once in a way, we might have bluffed too much, changed the letter's "plot"...
But we always managed to salvage this... never putting our boss' in a spot!

Sometimes, we would ask a fellow secretary, (only !!!) when in complete desperation...
If they !!! could "make out" what was actually, our own, boss' dictation!

Stenography, (Bachygraphy Tachygraphy) is defined as an abbreviated, symbolic, phonetic based, method of writing...
But for us, to transcribe our own, became suspense filled and nail biting!

Over 30 years ago, we often wondered... "why the heck" we couldn't just write in long hand...
But as we slowly mastered,"Bachygraphy" !!! it made us feel, both secretive and grand!

Now, ye millennials, listen carefully, though you think, Shorthand's an "auntyish" bore ...

Just like your SMS's and phone lingo codes....it was used...(ere you were born)...in the days of yore.!!!

SMS's, modern lingo, jargon, surely make us feel "chilled out", "with it" and "on the move!!!
But with Stenography, used by Isaac Newton, Charles Dickens and thousands more, we evergreen, are always "in the groove"!!!

Now, many of us secretaries, are silver, plump and happy...for any "graphy" no need we find...
But the crazy thing is, "Stenography", "Bachygraphy", "Tachygraphy", keep coming back to mind!

So this rhyme's for the "50 pluses " !! who mastered Steno, Bachy, Trachy ...graphy ...or at least attempted it...!!!
The now, silver haired, content, slightly quirky ones...hope you enjoy it, at least a little bit!!!

As we celebrate our 30th....we can confidently say, we persevered, we "controlled our dragon" and ran our Steno !!! mile...
We continue to prove, as we forge ahead...!!! Secretaries have been, are and...will always be... irreplaceable and "in style"...!!!

Anyone Remember by Monica Robinson

Marolla entering the room her high heels going tick tock...
Vinisha following close, in her signature long slit frock

Everyone rushing shouting...I came first...for the "early bird prizes
Checking below their chairs for stickers indicating pleasant surprises

The NIPS Anthem and Secretaries Prayer
Gentle Matilda teaching us to love, share and care

Angela, saintly and kind, hiding her problems with a big smile on her face
Kokila, elegant picture perfect, beautiful.... not a hair out of place

Janet suited or skirted.... always proper and prim
Sheryl Jennifer...full of naughtiness...up to the brim

Girija with her excellent accounting skills
Happily, nervous and money and bills

Swarna...grand saris, ornate jewellery, generous large heart
Humbly, happily...sharing lovely gifts...always playing her part

Sree Gowri... combination of brains and beaut!
Oh so smart...oh s.....o cute

Doris...always generous, going out of her way
Giving lifts, help, advice...brightening our day

Darling Shantha.... oh that gorgeous dimply smile so bright
When she entered the room...she brought good cheer and light

Kavitha a hot favourite to take your problems to
Gentle, kind, nurturing...always there for you

Gracy...Lydia...Tara...Mary...all the ADA girls
So much shine and sparkle...like a necklace of pearls

Josephine...very shy...never heard...only seen
Turned out to be a silent, creative queen

Komala....is a lovely girl...exactly like her name
Calm and self-assured...making everyone happy is her aim

Beverly...a girl of a very few words...and excelling in all she does
Also, quietly "delivered" a baby...her newsletter...called Buzz

Meryl...wise, hardworking, jolly, a winner all the way
Naïve, pleasant, generous...just too much to say
So, putting it very briefly...or it'll take all day
She's got the beautiful personality of a rainbow...combined with a sunshine ray

Vimala from Mumbai...adds the Mumbaikar touch
Joy, vibrancy, giggles, colour...we like her very much

A reply from Meryl:
Monica darling...what a beautiful soul,
Keeping us entertained with a heart of gold!
She's smart and funny just a perfect mix
And she's got us all stuck to our phones like quick fix.

A Sentimental Journey

Song by Marolla Meneaud

(Sing this to the tune of "Those were the Days")

This is a sentimental journey
It's been 30 years since we were born
In this great Garden City of Bengaluru
There was this great moment in History.

We started small and strong
But kept our sights real high
Our members moved with vision and with
pride We set the flame aglow
We spread the values we know
And fondly watched IASAP grow !

Then came the winds of change
Swirling and sweeping members off their feet
We've been a catalyst of change
It's change that keeps us all rejuvenated.

We set new standards for this chapter
We set new trends for the SAPC
Laurels all the way to the Asian title
Moving forward never to retreat.

YES, these are the days my friends
For firm faith no end
We'll carry through this banner of success
We've had our ups and downs
We've broken barriers
We'll forge ahead – add value to our name.

Super Smart Secretaries.....

Song by Roger de Magry (Meryl's Dad)

(Sing this to the tune of "Bachelor Boy")

Stenos & Typists in days gone by,
Typing away on a high;
Reading the shorthand that we'd have to
write
Erazex for errors in sight

Chorus :
Super Smart Secretaries that's what we
are,
The best in the business by far;
The sister secretaries we're proud to be
Until we reach 60!

A Secretary's work is all busy as a bee,
Printing of stencils, make tea;
Busy with Telex and answering the phone
Or filing in cabinets alone

Chorus

Method in 'madness', whilst doing our
duty
Respected and trusted, implicitly;
Gossip at lunch time the one time to chill;
Share recipes for fun and thrill

Chorus

Rushing to office to get there on time,
Wer're present come rain or come shine;
Loads of dictation from BOSS we'd receive,
No grumble, the last ones to leave.

Chorus

All of us here will remember those days
Slogging away for a raise
Upgrades we'd eagerly look forward to
If you don't recall Sorry for you !!

Chorus



Significant Thirty Years!

Congratulations! Bangalore Chapter on your "Pearl Jubilee", In deed thirty years old, under the umbrella of IASAP – India.

No doubt, the coordination of the Past and Present leaders including Meryl and her team deserves commendation for the execution of single mission collaboration with the mother association, and networking closely with the other chapters, to grow and glow IASAP. I am overwhelmed with the enormous services rendered by both parties to promote the administrative profession. It reminds me the proverb "United we stand; Divided we fall" Keep up the good work!

Good luck for today as we stand higher than yesterday and sure to be the highest tomorrow!

Stay safe! Rock the celebrations of three decades of existence and my blessings for the sustainability for more decades!

Dr Sunethra Jayaratne Nugawela
FIAM(UK)MIQPS(UK)MIPA(UK)ASAP(USA)FCPM(SL)MSLITD(SL)
Chairperson/Executive Director
Academy for Administrative Professionals
Hony Life President/Past President
Association of Secretaries & Administrative Professionals in Asia Pacific (ASA)
Past President & Past Advisor
Sri Lanka Association of Secretaries & Administrative Professionals



Happy Birthday IASAP Bengaluru. To us, Monica, Angele, Swarna & Kokila (the MASKies), you opened a door, which took us to a world of professionalism, networking and lots more. So here's to more success, joy and happiness, may we continue to go from strength to strength. Love and God Bless.

We, the 4 Amigos (L-R) – Tara, Bev, Beula & Benny, send our Best Wishes to IASAP Bengaluru Chapter on this milestone Pearl Anniversary. Wishing the Chapter many more “precious” anniversaries with continued growth in membership.



The Syngene Team sends out an overwhelming ovation to the Wow @IASAP

WOW 30



For us, IASAP has been an amazing platform to connect & interact with EAs from different Organisations across India. The events and professional development programs have been greatly beneficial and we'd like to salute the CPs and committees of the past and those who have untiringly dedicated long hours to the success of the Chapter.

Our heartiest congratulations to all !!



Dear Meryl,

I take this opportunity of wishing you and your Committee Members as well as all the Members of IASAP, Bengaluru Chapter, A GLORIOUS PEARL ANNIVERSARY. Heartiest greetings to you all on this great achievement.

The seed that was sown by our Late President Emeritus, Mrs. Homai H. Mehta, has now bloomed into a beautiful plant. It is wonderful to see the Bengaluru Chapter growing and the flowers blooming over the past 30 years. I am sure this is what Homai had dreamed of.

Here's also wishing you and your team and the Bengaluru Chapter all the very best in the future and may your Celebrations on 28th November resound with much success. "Small opportunities are often the beginning of great achievements".

Warm regards to you, Meryl, and your Committee Members,

Yours sincerely,
Amy H. Minbattiwalla
IASAP, Past All-India President
From 1987 to 1989



I send my very best wishes to the Bangalore Chapter of IASAP on the occasion of its Pearl Anniversary. May this wonderful Chapter continue to grow from strength to strength and give the best possible learning and networking experiences to all the members of our Bengaluru Chapter. I have known this Chapter since its inception and have been overwhelmed with its activities and

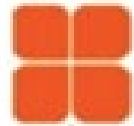
with the excellent All India Convention organized in 2013. Keep up all your good work!!! I send my heartfelt gratitude not only to the current Chapter Chair, but to all the ladies who have served as Chapter Chairs and to all Managing Committee Members, past and present.

Zarine Commissariat
All India President, 1986/87

Congratulations to IASAP Bangalore Chapter on celebrating your 30th Anniversary.
Wishing you many more years of success!

Sim Siew Gek
President 2020/2021

on behalf of



Singapore Association of Administrative Professionals



IASAP Mumbai Headquarters congratulates Bangalore Chapter on their 30th Anniversary.

We wish them continued success in the advancement of the Vision and Mission of IASAP.

Cheers on this milestone and wishing the Chapter a prosperous future.

THE MOST SPECIAL DAY OF THE YEAR HAS ARRIVED !
WISHING ALL THE VERY BEST TO BANGALORE CHAPTER
ON THEIR 30TH ANNIVERSARY MILESTONE



WITH BEST WISHES & COMPLIMENTS,
FROM THE COMMITTEE MEMBERS & THE MEMBERS OF
PUNE CHAPTER

CHEERS !!!!!
BEROZE DIVECHA
CHAIRPERSON
IASAP – PUNE CHAPTER.



The First Secretary Of The Year Contest - 1991

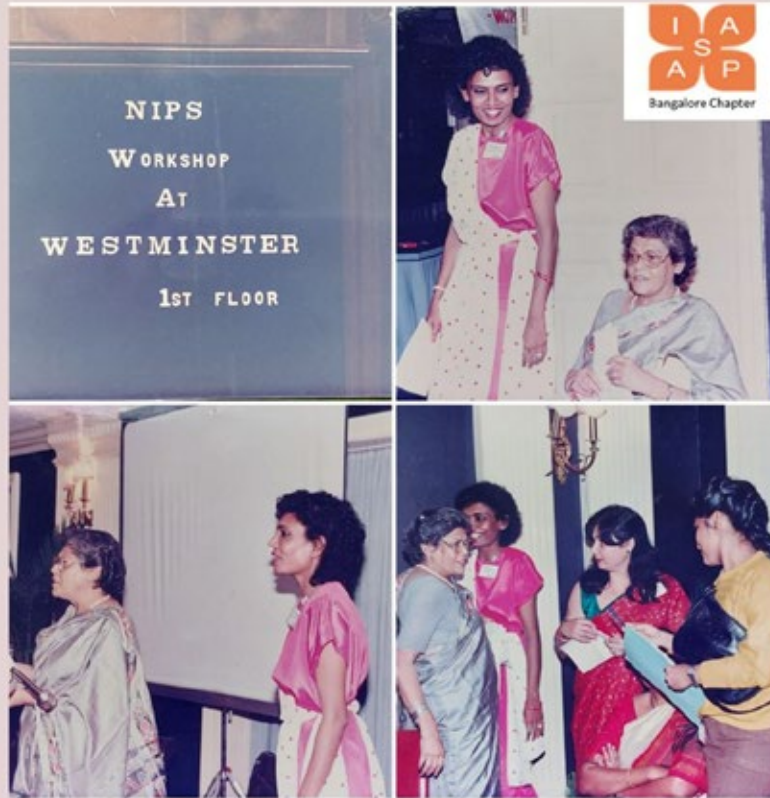


The First Secretary Of The Year Contest - 1991



NIPS Workshop At Westminster

10 November 1990



NIPS Workshop At Westminster

10 November 1990



NIPS Workshop At Westminster

10/November.1990



NIPS Workshop At Westminster

10/November.1990



2ND AGM OF NIPS

June 27, 1992



As founder and
Chairperson - Handing
over to the new committee

2ND AGM OF NIPS

June 27, 1992



As founder and
Chairperson - Handing
over to the new committee

Secretary of the year 1993



Secretary of the year 1993





Secretary of the year 2000



Secretary of the year 1998



SECRETARY OF THE YEAR 2002

14 July, 2002





Dancers don't need wings to fly

30 April 1994



Secretaries Day Celebration



Bangalore Chapter



CELEBRATES SECRETARIES, BANGALORE CHAPTER
SECRETARIES' DAY
ON SATURDAY, APRIL 30, 1994
THEME: "BETTERING OUR BEST"
SPONSORED BY WINDSOR MANOR SHERATON & TOWERS
COURTESY BRITANNIA

SECRETARIES' DAY
ON SATURDAY, APRIL 30, 1994
THEME: "BETTERING OUR BEST"
SPONSORED BY WINDSOR MANOR SHERATON & TOWERS
COURTESY BRITANNIA

Secretaries Day Celebration



Secretaries Day Celebration

*Story of
Beautiful Pens*



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Inspire



Pour Your Heart



First Citizen



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 +91 98860 91975

 info@microgarden.in

ACKNOWLEDGEMENT

Sincere appreciation to Chairpersons, Committees, Sponsor Companies, Host Hotels, Trainers, Contest Judges, Guest Speakers and Industry Leaders who have generously given their time, space, hospitality, skills and products. Managers and families of our members who have encouraged their participation in this forum and support the committee members through the years. A BIG Thank you to all who have contributed towards the compilation of this nostalgic e-book and last, but not least, the wonderful ladies of our 30th Anniversary organizing committee.

Thank you dear members for your contributions to the Chapter and looking forward to you taking this chapter to its next milestone ***40 glorious years Ruby Anniversary.***